

## 2. General objectives of the guide

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The objective is to offer evidence-based updated information with advice that will be of use in the diagnosis and treatment of PMNE.

It is intended for use by pediatricians and other medical professionals who work in the area of children's health. It is our hope that using these guidelines will improve care for children with this disorder.

PMNE has been chosen because it is the most common type of nocturnal enuresis (68%), has the best prognosis, can be dealt with fully by Primary Care, and if properly managed with a minimum of diagnostic-therapeutic actions the overall impact will be greater.